



SUSANA BALBO WINEMAKER'S HOUSE & SPA SUITES

SIGNATURE RITUALS

SB – SIGNATURE TREATMENTS

Susana Balbo Winemaker's House & Spa Suites offers "SB - Rituals".

These are 2 signature, restorative rituals, based on the tree of life philosophy, with unique therapies and ancient techniques, brought from different corners of the planet & inspired on Sacred Nature.

Two rituals, of multisensory wellness, unique in the world, specially designed by our Wellness Butler, where everything simply happens in the privacy of the suites.





SB – FRUTOS DE LA VID (90 MIN)

THE RITUAL

This restorative ritual provides an exclusive wine therapy, from our cellar to your suite. Thanks to the generosity of Susana, who has managed to capture the wisdom of the vine and transmit it with passion in each product, we designed this exclusive ritual where wine is the protagonist.

The ritual begins with a steam bath to calm the mind and prepare the skin for restorative therapies. To begin, a body exfoliation with grape seeds or wine salts in mineral oil, will cleanse the skin, by applying it with gentle massage maneuvers, producing a sweep of all impurities, leaving it soft and silky, taking advantage of the benefits of antioxidant active ingredients. of the wine, giving youth to the body and its spirit. A special restorative shower will be the perfect bridge to continue with a hydration wrap and finish with a massage of your choice with grapeseed oil. The ritual is completed with a restorative bath with salts, lavender and thyme.

SEQUENCE

- 1. Initiation ritual*
- 2. Steam bath (5 minutes)*
- 3. Body scrub with grape seed (20 minutes)*
- 4. Special restorative shower*
- 5. Wine body hydration wrap (30 minutes)*
- 6. Massage of your choice of 30 minutes (feet / legs / neck and shoulders / back)*
- 7. Restorative bath of salts, lavender and thyme (when they decide)*



SB – DELUXE DETOX (3 HS)

THE RITUAL

This purifying ritual proposes to free the body, mind and spirit of harmful toxins and channel the energy towards a place of relaxation, peace and fulfillment, creating a connection between the visible world and the spiritual world.

The ritual begins in the dry sauna to remove harmful toxins from the body and activate circulation. Follow with an aromatherapy dip and detox salts to begin the journey to full relaxation. The next step in the herbal steam bath will open the airways, contributing to better oxygenation of the body and mind.

The experience continues with an aromatic exfoliation with the exclusive Yon-Ka technique that begins with a compression on the feet, followed by a thermal cleansing on the whole body, which is continued with a restorative shower to finish with an exquisite Aroma Luxe massage.

The experience is completed with the Plaisir d'Arômes Radiance facial therapy to provide oxygenation and luminosity to the face.

SEQUENCE

- 1. Initiation ritual*
- 2. 10 min dry sauna (only available in Spa Master Suites)*
- 3. 10 min herbal steam bath*
- 4. Special restorative shower*
- 5. Body Therapy Hydration and Comfort SOIN VELOURS de 60 minutes*
- 6. 60-minute Plaisir d'Arômes Radiance Facial Therapy*
- 7. Purifying tub bath based on salts, lavender and rosemary (in the moment they decide)*

